

A top-down view of a desk with a laptop, a pen, paper clips, and pushpins. A white semi-transparent box is overlaid on the center of the image.

2022

**LOW BUY
/NO BUY
YEAR**

Planner

UNCOMPLICATEDSPACES.COM

My 2022 Low Buy / No Buy Plan

Use the following pages to outline your low buy / no buy plan for 2022.

Page 1 will help you set up your intentions and rules.

Pages 2 and 3 will give you space to check in and reflect at the end of each month.

Perfection is never the goal, betterment is. Any improvement is a win.

"We don't need more. We need to want less." – Gillian, Uncomplicated Spaces

My 2022 Low Buy / No Buy Year Plan

What do I spend most of my money on?

My reasons for a no buy/low buy year:

Items that I am ALLOWED to Buy:

Items I am NOT ALLOWED to Buy:

Specific PLANNED Purchases:

Item	Brand	Price

How am I feeling about this challenge:

Notes: _____

My 2022 Low Buy / No Buy Year Plan

January Check In:

February Check In:

March Check In:

April Check In:

May Check In:

June Check In:

Notes: _____

My 2022 Low Buy / No Buy Year Plan

July Check In:

August Check In:

September Check In:

October Check In:

November Check In:

December Check In:

Notes: _____

